

Established 1972 By and For the People of Love County Richard Barker, Administrator

Ambulance Emergency 911

Clinic Appointments **276-2400**

Hospital Information **276-3347**

Adult Day Center 276-1542

Community Resources

211

Domestic Violence Help

276-2042 Hotline - 226-6424

Growers Market **276-9410**

Therapy Services Practitioner & Consultant

Jeri Gill McKenzie of Ardmore is an accomplished therapist and business woman. She holds a degree in physical therapy from OU and has been practicing in her field for nearly 25 years. A few years after graduating, she obtained a master's degree in business administration. She became co-owner of a business that employs physical, occupational, and speech therapists.

She places these practitioners in hospitals to serve patients who have back pain and other health issues that would benefit from rehabilitation. McKenzie works closely with hospital administrator Richard Barker and director of nursing Marie Ross in developing the therapy program for the people of Love County.



Jeri Gill McKenzie, PT, MBA

"I am always impressed at how committed this hospital is to adding services for the community, like the Therapy Building where we work, but also the Adult Day Center, the Social

Services Building, the expanded emergency room, the Growers Market and Legacy Park," McKenzie said.

McKenzie switched her major from pre-med to physical therapy after being hired as a PT tech at the campus health center. "I was impressed at how much the therapists understood about the anatomy and function of the human body. I loved working with the patients and wanted to be part of the dynamic field of physical therapy," she said.

Physical therapists give patients the tools so that they can manage or prevent pain. "Take back pain for instance. As a therapist I can help identify what is causing the back pain and teach the patient how to avoid increasing their back pain and what to do to help resolve their symptoms as quickly as possible. I myself have back pain that at times radiates down the back of my leg. I immediately start performing back exercises to reverse the pain," McKenzie said.

A new area of PT that is intriguing to McKenzie is 'myofascial release.' "Fascia covers every muscle, nerve, artery, and organ in our bodies in a web-like complex. Myofascial release is a gentle treatment system of applying sustained pressure to areas of pain to improve movement and decrease pain. I have seen patients gain 20 degrees of pain-free motion in one setting," McKenzie said.

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The Small-Town Hospital with the Big Heart