



Established 1972

By and For the People of Love County

**Richard Barker,
Administrator**

**Ambulance Emergency
911**

**Clinic Appointments
276-2400**

**Hospital Information
276-3347**

**Adult Day Center
276-1542**

**Community Resources
211**

**Domestic Violence Help
276-2042
Hotline - 226-6424**

**Growers Market
276-9410**

Occupational Therapy Services

Occupational therapy is focused on helping people live as independently as possible. For some patients, this means regaining the ability to dress, cook, eat, and groom on their own. Other patients learn to perform these same tasks by using assistive devices.

For dressing, there are items like button hooks, zipper pulls, sock aids, elastic shoe laces, and "reachers" for retrieving clothing or shoes. For bathing there are long handled sponges. For eating, there are adaptive utensils, such as spoons with handles bent at an angle, or universal cuffs worn around the hand with the utensil attached.

Occupational therapy assistants like Krystin Oxley, a graduate of Murray State College, help patients make adaptations for the short-term or long-term needs of their illness or injury.

Krystin Oxley, COTA/L

It wasn't enough that Krystin Oxley's mom was a nurse to influence her daughter to join the medical field. "She had an injury and I watched her receive occupational therapy for it. I decided that was the career for me," Oxley said. Since February 2016, Oxley has been found 5 days a week at the bedside of patients in the hospital or in the Therapy Building where outpatients practice their adaptive skills.

"I am helping patients be able to bathe, dress, prepare meals, and live at home. I learn every day. An adjustment I might make to a device for a particular patient might work well for a future patient."

Oxley interacts with the patient's family members, often teaching them how to assist in their loved one's rehabilitation. "It takes a lot of 'want to' on the part of the patient to get better through therapy. It can be exhausting for them and they are learning patience along with the skills. I am adapting to each unique patient, helping them to make gains."



We're YOUR Hospital, Clinic and EMS

Mercy Health/Love County

300 Wanda - Marietta, OK 73448

www.mercyhealthlovecounty.com

*The Small-Town Hospital
with the Big Heart*

