



**Established 1972**

*By and For the People of Love County*

**Richard Barker,  
Administrator**

**Ambulance Emergency  
911**

**Clinic Appointments  
276-2400**

**Hospital Information  
276-3347**

**Adult Day Center  
276-1542**

**Community Resources  
211**

**Domestic Violence Help  
276-2042  
Hotline - 226-6424**

**Growers Market  
276-9410**

# Respiratory Therapy Services

Meet Robert Umphrey, respiratory therapist.

Respiratory care refers to the treatment of disorders affecting a person's ability to breathe.

In the Therapy Building, Umphrey helps operate the region's first pulmonary rehabilitation program. Through movement, patients with chronic obstructive pulmonary disorder (COPD) build strength for better breathing.

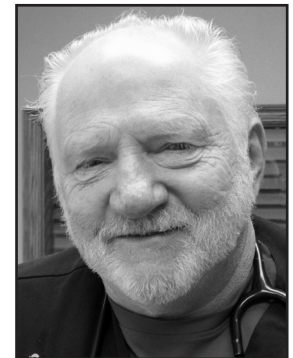
Patients must have stopped smoking to benefit from the pulmonary rehabilitation program, which is covered by Medicare.

## **Robert Umphrey, RRT, RCP**

Robert Umphrey brings a great deal of "liking people" to his work as a respiratory therapist. Three days a week, he conducts the hospital's outstanding pulmonary rehabilitation program.

Patients arrive at the Therapy Building feeling they do not have enough "lung power" to be able to get out of the house and function normally. Most change their mind after 36 sessions of training. "We start them out with basic strengthening and endurance exercises with weights, treadmill, and stationary bike. Most of them accomplish more than they thought when they started," Umphrey said.

Respiratory therapy is a second career in which Umphrey has invested 15 years, the last 12 in the Mercy System. Having a granddaughter with cystic fibrosis inspired him to enter the field. He is now a Registered Respiratory Therapist and a licensed Respiratory Care Practitioner. He previously worked in the automotive industry.



***We're YOUR Hospital, Clinic and EMS***

# **Mercy Health/Love County**

*The Small-Town Hospital  
with the Big Heart*

**300 Wanda - Marietta, OK 73448**

**[www.mercyhealthlovecounty.com](http://www.mercyhealthlovecounty.com)**